

Agenda: Bridging Care and Community: Diabetes Prevention,  
Management, and Referral Pathways in Iowa  
June 16, 2026, 2:00 pm-4:30pm

**I. Welcome & Objectives**

**II. Iowa Landscape**

- a. Current prediabetes and diabetes prevalence in Iowa
- b. Priority populations
- c. Common gaps in care: access, SDOH, low utilization of DSMES/NDPP
- d. Importance of evidence-based interventions

**III. Iowa Community HUB**

- a. CHW involvement
- b. PRAPARE tool
- c. Referral to Social needs related services and/or evidence-based health program
- d. Development of multi-directional e-referral system
- e. Billing
- f. Food boxes

**IV. Programs available to support Iowans in preventing type 2 diabetes and managing their diabetes.**

- a. Diabetes Self-Management Education and Support (DSMES)
  - i. Program overview/outcomes
  - ii. Who should be referred
  - iii. Benefits (clinical, non-clinical)
  - iv. Reimbursement/Insurance coverage
  - v. How to refer
- b. National Diabetes Prevention Program (NDPP)
  - i. Program overview/outcomes
  - ii. Who should be referred
  - iii. Benefits (clinical, non-clinical)
  - iv. Reimbursement/Insurance coverage
  - v. How to refer
- c. Better Choices, Better Health (Chronic Disease Self-Management Program)
  - i. Program overview/outcomes
  - ii. Who should be referred
  - iii. Benefits (clinical, non-clinical)
  - iv. Reimbursement/Insurance coverage
  - v. How to refer

## V. Overview of State-level diabetes prevention and management work

- a. Cooperative agreement
- b. Partnerships and their roles

## VI. Q&A and Closing



In support of improving patient care, this activity has been planned and implemented by the University of Iowa Roy J. and Lucille A. Carver College of Medicine, Iowa Health & Human Services and Linn County Public Health. The University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Physician:** The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this live activity for a maximum of 2.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



**Physician Assistant/Associate:** The University of Iowa Roy J. and Lucille A. Carver College of Medicine has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 2.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

**Pharmacist:** The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this application-based activity for a maximum of 2.0 ACPE contact hours. Credit will be uploaded to the NABP CPE Monitor within 60 days after the activity completion. Pharmacists must provide their NABP ID and DOB (MMDD) to receive credit. Pharmacist UAN: JA0000310-9999-26-037-L99-P

**Nurse:** The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 2.0 ANCC contact hours.

**Social Worker:** As a Jointly Accredited Organization, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 2.0 general continuing education credit(s).



**Dietitian:** Completion of RD/DTR profession-specific or IPCE activity awards CPEUs (1 IPCE credits = 1 CPEU).

If the activity is dietetics related but not targeted to RDs or DTRs, CPEUs may be claimed which are commensurate with participation in contact hours (1 hour/60 minutes = 1 CPEU).

RDs and DTRs are to select activity type 102 in their Activity Logs. Performance Indicator selection is at the learner's discretion.

**Other Health Care Providers:** A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education activity meets the requirements of their professional licensure board.)